



your health matters

## The Sportreat & TotalLife Care Difference

We are proud to offer one stop premium health care, including:

Dietitian	Podiatry
Physiotherapy	Clinical Pilates
Women's Health	Sports Medicine
Remedial Massage	Exercise Physiology

Our Core values:

*Care and compassion, quality with integrity, Happy family-friendly environment, Safe and professional organisation and Exceeding expectations.*

100% of your consultation time is spent one on one with your provider.

A 'client centred approach' is proudly used.

All new injuries have individualised patient management plans implemented and extended time taken for the consultation.

There will be a clear plan and a pathway to optimal recovery.

A multi-professional approach is used in order to get you the best outcome for your situation.

Over each discipline offered we boast high quality, handpicked health professionals.

An Orthopaedic surgeon consulting from the same practice which includes an on-site practice Nurse.

We use private treatment rooms, not curtained off sections.

There is no 'Doubling up' of patients - Our providers will never see more than one patient at a time.

We support our local community, including; businesses, sporting teams and charities.

We are also an education facility for high school work experience and Curtin University Physiotherapy students.

Sportreat & TotalLife Care has a state of the art facility including:

On-site private gym with treadmill, bike, clinical Pilates equipment and TV.

Onsite private bathrooms and changing facilities available.

A generous waiting room with complimentary tea, coffee, hot chocolate, TV, Newspaper and other reading materials.

On-site parking with wheelchair access, as well as wheelchair friendly treatment/ consultation rooms.